

# Plançô School of Special Education is a semi-private school by the Departament of Education of the Generalitat of Catalonia

The school was founded in 1977 by a group of parents and professionals to better serve the needs of students witthin the Autism Spectrum Disorder.

Thirty students
between the ages
of three and
twenty-two are
currently enrolled
in this school.
They are grouped
into six differents
classes according
to their age and
ther habilities.
Right now we
have a ratio of
four/five sutidents
by class.

The school also offers a program called STEA. This program was designend to address the needs of the students within autism spectrum disorder who are placed in a regular school setting.

The school year begins in september and ends in june. Our students como to school at 9:00 and end the day at 16:30. Our legislation provides three holidays periods...











## Staff Plançó

Six special education teacher. (responsibile for each group)

A physical therapist and psychomotor.

A specialist in hearing and language.

Three special education aides.

Nine monitors dinning and leisure.

## School Activities

All the activities carried out at school are based on skills and interests, therefore improving the students general outcomes. Within these activities we focus in:

Personal Autonomy Social Interaction

Commication and lenguage

Cognitive skills



Personal Autonomy



Comunicatio and lenguage



Social Interaction



Cognitive skills

## METHODOLOGY

In order to adapt to the students needs and habilities, we emphasize the usefulness of the learning process, the adaptation to the student's own pace and the surrounding envirnment.

When we plan the activities we take different methodoloogy aspects into consideration; we start from familiar environments, we establish routines, and use clear language as well as visual aids and gestures.

In order to develop communication skills and students autonomy it is essentialto have a very structured spatiotemporal organization. This organization will provide us with the necessary tools to predict and anticipate any situation of frustration that the child can exprience..

## Specific Interventions

We offer different types pf interventions depending on the characteristics and the needs of our students.

# Psychomotor activityMultisensorial stimulation

Thorough the psychomotor activities we try to develop the students potential. We incorporate cognitive and motor aspects creating a positive corporal experience that reinforces the students self esteem.

# Physical therapy:

Students that present some type of handicap in their motor skills, muscle tone and show a delay in pysichomotor functions receive pshycal therapy. Pyshical therapy is planned taking into consideration the psychomotor activities

#### **Speech Therapy:**

Speech therapy is provided to those students that have communication and/or language delays. We aim to promote the need for acquiring an alternative communication system, using communicators, visual schedules and aextending them to the students daily needs

Psysical
therapy and
multisensorial
stimulation



**Physiotherapy** 

Speech therapy



# TEACCH

"La rutina i la predictibilitat els fa ser més autònoms"



# TEACCH

# "routine and predictability makes the students more autonomous"

The TEACCCH programme provides us with a series of resources that help structure and facilitate the learning process through the elaboration of materials, the delive of the activties and the organization of the space of the space for the student within the ASD

This method uses visual supports to reinforce the learning process and to promote meaning and independence

The main goal is for the students to achieve a high level of autonomy and accessibility in activities that take place in a structured environment.

## workshops:

our students are involved in different workshops. All the workshops have a practical and functional approach.

Marquetry & Wood shop. Cooking. Craft. Household Activities. Swimming. Therapy animals

Hiking.



Marquetry & Wood Shop



Cooking

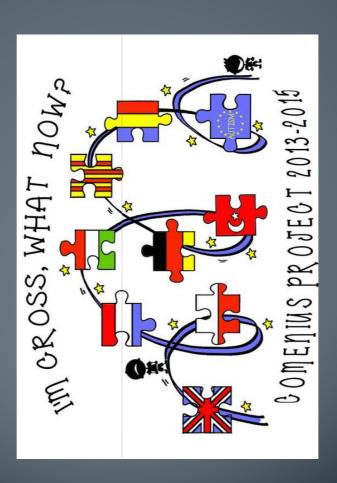


Animal Therapy

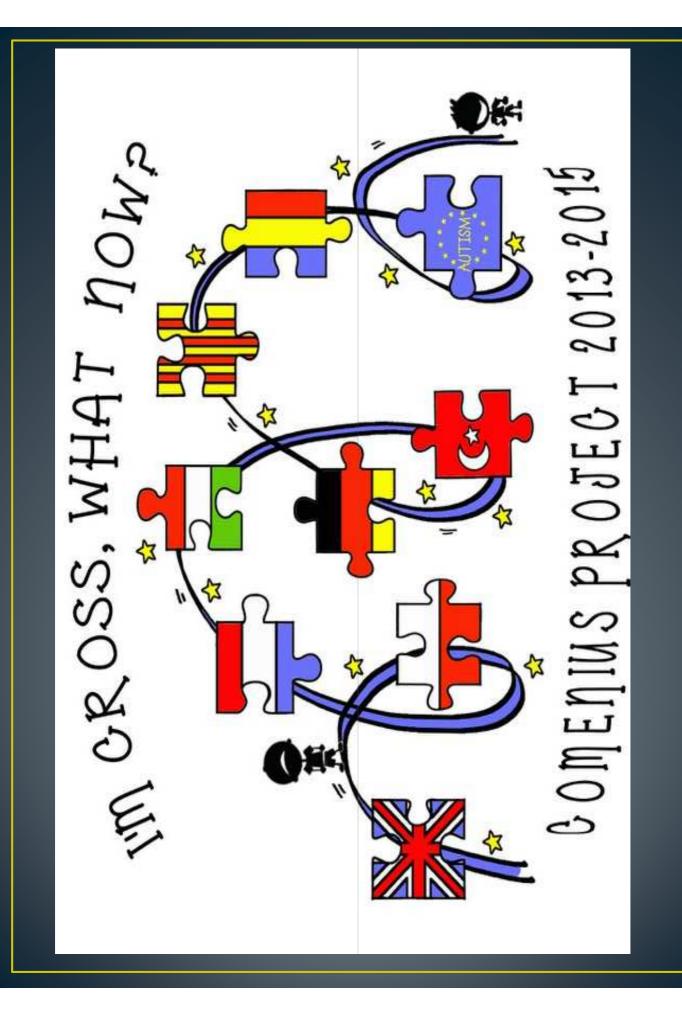


Hiking

# **Another European Projects**







# Comenius Project: Developement of behaviour management strategies for students on the Autistic Spectrum: I'm cross what's now?

- Principal goals:
- Learning different models used to deal with challenging behaviour in studen with ASD
- Presentation of different theories.
- Presentation and trainning of different de-escalation strategies
   (social skills, TEACCH program, comic strips, national tecniques, etc)
- Evaluation thorough video sequences, observation sheets, exchanged and discussion within the schools.
- Compilation material, story books, strategies...to use in emergency case

### I'm cross what's now?

- Challenging behaviour in students on the Autistic Spectrum does present a great challenge for teachers and other students in the education setting.
- The lessons can be disrupted thoroug agressive and self-hurting behaviour like biting, scratching, hitting, spitting thorwing and destroying things, running away, etc...
- This kind of behaviour can lead to an extreme excalation wich makes it necessary to intervene promptly and effectively.
- During the first year: intervention strategies of the participating scchools will be introduced/explained and collected, those strategies can be seen in practice during the visits
- During the second year: specific strategies, methodos and materials will be developed, implemented and evaluated at each school.
- We create a toolkit with all strategies, methods and materials to help inside each classroom in each school
- To give all professionals involve tools to manage the behaviours problems

#### School partners.

- <u>Germany:</u> Wilhelm-Hartschen-Schule Förderschule mit dem Schwerpunkt Geistige Entwicklung (Solingen)
- England: Highfield School. Ely(Cambridge)
- Catalonia: Escola d'Educació Especial Plançó (Lleida)
- Hongary: Éltes Mátyás Általános Iskola, Speciális Szakiskola, Gyermekotthon, Kollégium és Pedagógiai Szakszolgálat (Nyirbàtor)
- <u>Luxemburg</u>: Institut pour enfants autistiques et psychotiques (Laudelange)
- Poland: SPECJALNY OŚRODEK SZKOLNO-WYCHOWAWCZY IM.JANUSZA KORCZAKA-Przedszkole Specjalne. (Sieradz)
- Romania: Scoala Speciala Gimnaziala.(Baia Mare)
- <u>Turkey</u>: Gönül Pınarı Özel Eğitim Uygulama Merkezi ve İş Uygulama Merkezi (Istanbul)



2015/2017

#### Therapeutic orchard with pupils with ASD

- As a professionals in the area or Autism Spectrum disorder (ASD) innovation and research we want to find a different way to teach using the environment to achieve:
- Aproach the students to the nature.
- Use space garden and orchard to therapeutic activities involving the pupils in an positive emocional experiences.
- Get activities in the garden motivating and enjoyables.
- Use digital platfforms (E-twinning) to create a project.
- Share different experiences with our erasmus project partners.

#### Results.

- New design orchard space.
- Woorkshops about: take care to the orchard, vegetable crops and cook therapy with new recepies.
- Design and create an Scarecrow in art therapy classroom.
- Design and create scarecrow stories book in specch therapy class.
- Make a greenhouse in wood workshop class.
- Arrange with staff didactic units about orchard, garden, senses...

#### **School** partners:

 Catalonia: Plançó School. (Lleida)



England: The Dales School.
 (Blyth)



 Germany: Heinrich-Böll-Schule. (Köln)

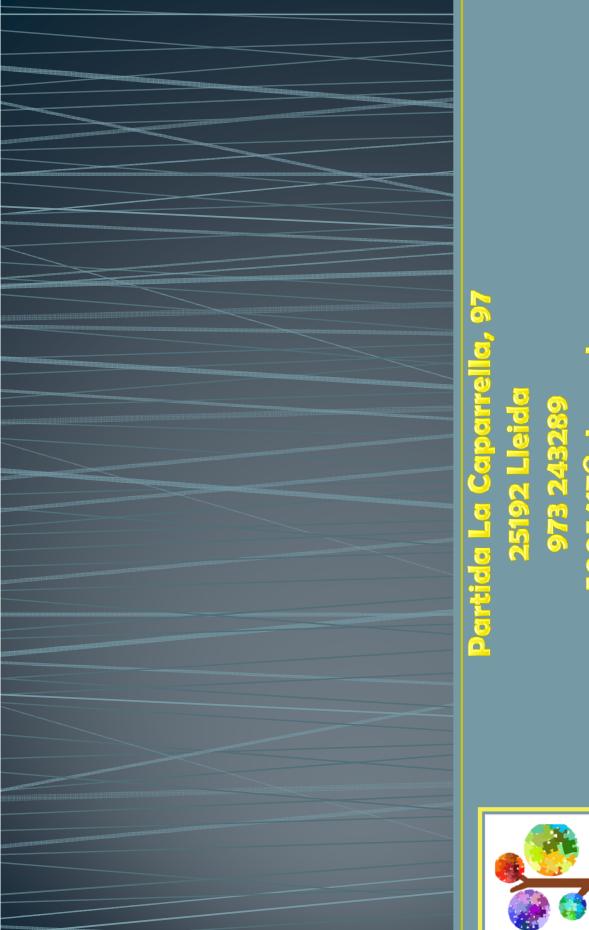


Canary Islands: CEE Salvador Rueda .
 (Las Palmas de Gran Canaria)



# New Erasmus+ Project: Creative learning in action:

- School partners:
- Catalonia: Plançó School. (Lleida)
- Denmark: Tarm-skole
- England: The Dales School. (Blyth)
- Germany: Heinrich-Böll-Schule.(Köln)
- Portugal: Agrupamento de Escolas Vialonga(Lisboa)



c5005417@xtec.cat

ceeplanso.blogspot.com